

Welcome to Marin CIL

Our mission:

To assist persons with
all types of disabilities to
achieve their maximum
level of sustainable
independence as
contributing, responsible
and equal participants
in society

**All services are
free of charge**

**Donations are
Welcome**

Publications are available in
alternative formats upon request

Peer Support Group
Fridays at 2:00pm
Brain Injury Support Group
Tuesdays at 5:30 pm

Thank you to our funders:

Department of Rehabilitation
To Celebrate Life Breast Cancer Council
Susan G. Komen Foundation
Andrea Fox Fund
The Division of Aging
Wells Fargo Foundation
Fireman's Fund Foundation
van Loben Sels/Rembe Rock Foundation
Christopher Reeve Foundation
George H. Sandy Foundation
Five Bridges Foundation

Marin Center for Independent Living

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www.marincil.org

Marin Center for Independent Living



Service and Advocacy Information

Empowering seniors and
people with disabilities
to live independently

Established 1980

Information and Referral

Information and Referral resources may include food, shelter, physical rehabilitation and treatment of addiction. Our staff has access to a wealth of community services and will direct individuals to these resources.



Personal Assistant Registry

We maintain a list of personal assistants available to persons with disabilities and seniors. All workers are thoroughly screened and only one in ten who apply qualify to be listed on our registry. We also provide counseling regarding hiring personal assistants. You do the hiring and pay no agency fees. You may also sign up to use the searchable online database, QuickMatch, to find an available assistant any day at any time.

Benefits Counseling

We provide information, counseling and long term planning on public and private benefits, which include Supplemental Security Income (SSI), Social Security Disability (SSDI), Medicaid, Medicare and private HMOs and PPOs.

Breast Cancer Benefits Counseling and Advocacy

We assist uninsured and underinsured women and men diagnosed with breast cancer by enrolling them into special benefits programs in order to receive the critical medical care they need and maximize their financial resources



Housing

We provide assistance in the application and placement of housing for people with disabilities.

Bob Roberts Client Assistance Fund

The fund offers financial assistance to qualified elderly and disabled persons who are actively achieving a goal towards independence. The fund was created in honor of the late Bob Roberts.

Access Modification

We provide referrals for evaluation and construction to remodel structures to accommodate people with disabilities. These include building ramps or installing grab bars to allow people to safely remain in their homes. We can also recommend an occupational therapist who can do a safety check of your home.



Assistive Technology

Assistive Technology provides information and referrals to resources where one can attain the devices they may need to function independently. Some insurance will cover these items. We may be able to facilitate or expedite this process. An important internet resource site, www.atnet.org, has extensive information.

Durable Medical Equipment

We both accept and distribute assistive devices such as grab bars, wheel chairs, and walkers. If you would like to donate an assistive device please contact us.

Individual and Systems Change Advocacy

Individual advocacy assists consumers in accessing services, benefits, and programs that enhance independence. When the bureaucracy is too much for you, we can help! Systems Change Advocates work with local, state, public and private organizations to promote systemic change. We have advocated for sidewalk improvements and affordable, accessible housing.



Independent Living Skills

We assist consumers in assessing their personal needs and goals. We set goals based on consumer needs and identify strategies to achieve success. Goals can include relocation from nursing homes, accessing support to stay independent.

Peer Support

We have weekly peer support group meetings where people with disabilities and seniors problem solve collectively and socialize.



Nursing Home Transition Assistance

Funds are available to assist qualified individuals who are transitioning from a skilled nursing facility to back home. Funds can be used for attendant care, food, and access modifications.